

Registration- deadline
is May 12, 2015

Name

Organization

Session (Millville or Smyrna)

Email

Phone number

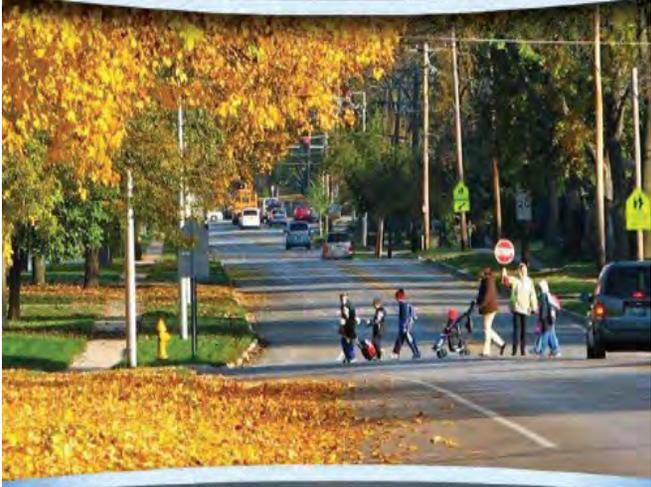


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Every Step Counts!

Delaware Department of Transportation



SAFE ROUTES TO SCHOOL
AND BIKE RODEO
TRAIN-THE-TRAINER COURSE

Join parents, educators, and community members to make walking and bicycling to school safe, convenient, and fun. By teaching children bicycle and pedestrian safety skills, exploring ways to create safer streets, and encouraging active travel to school, we can better the lives of not just our children, but our entire community, one step at a time.

**Be active, Improve safety, Reduce traffic,
Improve air quality.**





Learning objectives:

- Learn simple ideas for improving school travel
- Identify the right “Es” for your SRTS program
- Conduct a walkability audit
- Learn how to do your own bike rodeo
- Understand the different rodeo models and material needs
- Be able to choose the right models for your goals/ situation
- Learn how to get technical assistance

Millville, Tuesday, May 19

Training Location:	Millville Fire Company 35554 Atlantic Ave Millville, DE 19967
School:	Lord Baltimore Elementary School 120 Atlantic Avenue Ocean View, DE 19970
Schedule:	
8 a.m.	Arrive at Millville Fire Company
8 – 8:30 a.m.	Attendee introductions and goal identification Briefing on the school and audit area
8:30 – 8:45 a.m.	Tentative, School Guest speaker
8:45 – 9:30 a.m.	Learning Module 1: Safe Routes to School fundamentals
9:30 – 10:30 a.m.	Walking audit of Lord Baltimore ES and adjacent neighborhood.
10:30 – 11:15 a.m.	Learning Module 2: How to plan and implement a bike rodeo
11:15 – 11:30 a.m. and	Accessing DeIDOT SRTS funding technical assistance
11:30 a.m. – Noon	Lunch
Noon – 12:30 p.m.	Learning Module 3: Bike rodeo instruction essentials including the DVD, helmet fitting, and student interaction.
12:45 – 1:45 p.m.	Learning Module 4: Course setup and operation.
1:45 – 2:15 p.m.	Learning Module 5: Mock bike rodeo facilitation
2:15 – 2:45 p.m.	Learning Module 6: Setting up an outdoor course
2:45 – 3 p.m.	Q/A and debrief.

Smyrna, Wednesday, May 20

Training Locations:	Smyrna Town Hall, 27 Market Street Plaza Smyrna, DE 19977 Citizens’ Hose Company No.1 Inc., 103 W. Commerce St. Smyrna, DE 19977
School:	John B Moore Intermediate School 20 W Frazier St Smyrna, DE 19977
Schedule:	
8 a.m.	Arrive at John B Moore Intermediate School
8 – 9:15 a.m.	Observe student arrival, interview school personnel, and walk audit the neighborhood.
9:30 – 9:45 a.m.	Arrive at City Hall. Attendee introductions and goal identification.
9:45 – 10:30 a.m.	Learning Module 1: Safe Routes to School fundamentals.
10:30 – 11:15 a.m.	Learning Module 2: How to plan and implement a bike rodeo.
11:15 – 11:30 a.m.	Accessing DeIDOT SRTS funding and technical assistance.
11:30 a.m. – Noon	Lunch at City Hall
Noon – 12:30 p.m.	Learning Module 3: Bike rodeo instruction essentials including the DVD, helmet fitting, and student interaction.
12:45 – 1:45 p.m.	Learning Module 4: Course setup and operation at the Firehall
1:45 – 2:15 p.m.	Learning Module 5: Mock bike rodeo facilitation
2:15 – 2:45 p.m.	Learning Module 6: Setting up an outdoor course
2:45 – 3 p.m.	Q/A and debrief.